



## The Beeches Care Home



The Beeches Nursing Home, 1 Bethuel Street, Aberdare, CF44 7HJ



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[www.carongroup.wales](http://www.carongroup.wales)

The inspection visit took place on 24/11/2025

### Service Information:

Operated by:	Bryn Davan Care Ltd
Care Type:	Care Home Service Adults With Nursing
Provision for:	Care home for adults - with nursing
Registered places:	46
Main language(s):	English
Promotion of Welsh language and culture:	The provider makes an effort to promote the use of the Welsh language and culture or is working towards a bilingual service.

## Ratings:



Well-being

Good



Care & Support

Good



Environment

Good



Leadership & Management

Good

## Summary:

The Beeches is a nursing home for adults. The service was bought by the service provider just over a year ago and provides residential care and support and nursing care for people living with dementia.

People's wellbeing outcomes are good. Their rights are promoted as nurses and care workers support them in the least restrictive way. People are supported to maintain their health and well-being and are treated with dignity and respect. They understand what is important to people and anticipate their needs and wishes well. The quality of care and support is good. Thorough personal plans are kept up to date and provide a detailed overview of who people are. Care workers provide people with timely support and complete care recordings to a good standard. There are reliable systems in place for safeguarding, medication management, and infection control. The physical environment is good with significant refurbishment currently taking place. It is safe and designed to support the needs of people who live there. The leadership and management at the service is good. Care staff have the correct training, recruitment practices are effective, and governance and oversight systems are in place to support the running of the service.

## Findings:



### Well-being

Good

People have choice and control as far as practically possible. Their preferences are detailed in personal plans of care. This ensures people receive person-centred care and support. Information can be made available in Welsh for people who want it. Friends and relatives can visit when they wish, receiving a warm welcome from staff. A weekly programme of activities is arranged and displayed for people to see. The RI engages with people using the service and seeks their views as part of quality assurance processes.

The service considers people's physical and mental health. People are supported by nurses and care workers who know them well and seek medical assistance quickly to support them appropriately when required. Routine appointments and timely referrals ensure people remain as well as they can be. Appropriate numbers of staff support people to receive the right care at the right time. Personal plans identify people's health needs and any potential risks to their well-being. People told us they feel happy and well cared for within the service and we saw they have positive relationships with staff. Nutritional needs are considered and well met.

There are systems in place helping to safeguard people from harm and abuse. People are cared for by a safe, skilled workforce as the service recruits and trains staff appropriately. A rolling programme of training and development is provided so care workers possess the skills and knowledge to deliver quality care. Medication is stored and administered safely as prescribed. The home's equipment and facilities are routinely serviced and inspected to ensure they remain safe for use. Thorough governance arrangements give management oversight of incidents, accidents, and safeguarding matters. Nurses and care workers have completed safeguarding training and there is an up-to-date safeguarding policy on site for further guidance if needed. The service provides a written guide, containing practical information about the service and care provided, and provides information about the complaints process if needed. The front door is locked to make sure people who may be at risk if they left the premises are unable to do so.

People live in accommodation that supports their well-being. The environment has been adapted to meet their needs. Bedrooms are comfortable and personalised, with sufficient communal areas available. The home is clean and well-maintained, with the correct checks and servicing in place for utilities and equipment. There is an ongoing refurbishment programme in place.



An electronic care planning system enables nurses and care staff to deliver consistent, good care. The system stores good personal histories, which help staff understand each person's background, preferences, and needs. Detailed care plans and risk assessments guide staff in making informed decisions and responding effectively to changing circumstances. By following these plans, people receive the care they require at the right time. Kind and caring staff use the system to tailor support to individual goals. Each personal plan records outcomes to be achieved and sets clear goals, ensuring care remains person-centred and proactive. Staff regularly monitor progress and update plans to reflect changes, promoting continuous improvement in care delivery. Risk assessments within the system help prevent harm and maintain safety, while care plans outline strategies for well-being and independence.

People receive medical support promptly, ensuring their health needs are addressed without delay. Staff make referrals for additional support in a timely manner, reducing risks and promoting continuity of care. Evidence of medical appointments and consultations is recorded accurately and consistently, providing a clear audit trail and supporting effective communication across services. The service maintains good working relationships with the local GP practice, enabling quick access to advice and interventions when required. Regular communication with healthcare professionals ensures that any emerging concerns are acted upon swiftly. We spoke with a visiting nurse who told us they have no concerns and *"the staff are very good, it's improving here"*.

Nurses and nurse assistants follow prescriber instructions and organisational policies when administering medicines. They check the right medication, dose, route, and time before giving and record each administration immediately. They carry out regular audits to identify and correct any issues promptly. They avoid overstocking by maintaining accurate stock records and ordering medicines through a clear, approved process. Staff store medicines safely in secure, temperature-controlled areas. They manage controlled drugs in strict compliance with legal requirements. This includes locking them in cabinets, recording every transaction in the controlled drugs register, and checking balances regularly. These actions ensure safety, accountability, and good standards of care.

Infection control is well-managed, with appropriate measures in place to reduce risks. Staff have access to and use personal protective equipment. An infection control policy guides staff on how to manage outbreaks and protect people. The domestic team follow thorough cleaning routines, and laundry processes are designed to minimise infection risks. Clinical waste is disposed of safely and correctly.



## Environment

Good

People are supported in a comfortable environment which supports their well-being. The home is set over two floors with lift access to the upper floor for people who have mobility difficulties. There are communal areas where people can interact with each other and take part in activities. We observed people in communal areas, who appeared comfortable and relaxed which suggests they are happy with the environment. There are sufficient toilet and bathroom facilities throughout and there is specialist equipment such as hoists available for those who need it. Bedrooms are personalised and provide familiar spaces for people. One person had a mini fridge in their room, at their family's request. The housekeeping team maintain good levels of cleanliness and hygiene throughout the home. Laundry and kitchen areas are clean, organised and well maintained.

Confidentiality is maintained throughout the home. People are safe from unauthorised visitors entering the building, with all visitors having to ring the front doorbell before gaining entry and recording their visits in the visitor's book when entering and leaving. Care records are stored electronically, as are staff personnel records.

Health and safety measures are in place to keep people as safe as possible. Equipment and facilities including hoists and slings are tested regularly. Fire safety equipment is tested both internally and by external contractors and all staff have fire safety training. People living at the service have a Personal Emergency Evacuation Plan (PEEP) in place, which guides care staff on how to evacuate people in the event of an emergency. There is a plentiful supply of cleaning products which are stored in accordance with Control of Substances Hazardous to Health (COSHH) recommendations. The laundry room is clean and tidy, and consideration for a clear in and out flow system would further enhance infection control practices.



## Leadership & Management

Good

The service's aims, values, and delivery of support are set out in the Statement of Purpose in a transparent way. A written guide is available for people in the service, containing practical information about the home, and the support provided. The service also offers a very good variety of formal and informal opportunities for people and their representatives to ask questions and give feedback.

The service follows a safe recruitment process to ensure nurses and care workers have the skills and attributes required for health and care roles. Staff personnel records confirm the recruitment process meets all regulatory requirements, including Disclosure and Barring Service (DBS) checks, employment history verification, and references from previous employers. New employees complete a structured induction programme aligned with the All-Wales Induction Framework. Nurses maintain valid PINs, evidencing their suitability for practice, and care staff register with Social Care Wales (SCW), the workforce regulator. The training matrix and staff feedback confirm employees access and complete appropriate training for their roles. The service provides effective arrangements for regular staff support. Staff report they feel happy in their roles, well-supported, and confident in their duties. Team meetings are held, sharing relevant information. Staff told us "*I love it here*", "*We are such strong team*", and "*I do enjoy my job, it's very rewarding, but hard sometimes*". Staffing levels on the day of our inspection were consistent to what was detailed on the rota.

The service maintains strong governance and oversight arrangements that support day-to-day operations. An experienced management team places people at the heart of the service. The team conducts weekly and monthly audits across all aspects of the service to monitor practices. The Responsible Individual (RI) visits regularly and produces a three-monthly report of their visits. During each visit, the RI speaks with people and staff to gather their views, inspects the premises, and reviews a selection of records to ensure the service delivers high-quality care. They record any actions and follow them up at the next visit. The RI also completes a quality-of-care report every six months.

## Areas identified for improvement

Where we identify **Areas for Improvement** but we have not found outcomes for people to be at immediate or significant risk, we discuss these with the provider. We expect the provider to take action and we will follow this up at the next inspection.

Where we find outcomes for people **require significant improvement** and/or there is risk to people's well-being we identify areas for **Priority Action**. In these circumstances we issue a Priority Action Notice(s) to the Provider, and they must take immediate steps to make improvements. We will inspect again within six months to check improvements have been made and outcomes for people have improved.

**CIW has no areas for improvement identified following this inspection.**

**CIW has not issued any Priority action notices following this inspection.**

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